



# Whiston Willis

Many of the options available can be adapted to suit various diets; should your child have any dietary needs please contact your school and our Kitchen Team will be happy to accommodate. (V) denotes vegetarian option or vegetarian version available. 🌱 denotes a healthy choice meal.

## November 2024

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## December 2024

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## January 2025

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## February 2025

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

## March 2025

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## April 2025

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Week one

Sausage with mash, peas and gravy  
 🌱 Cheese (v) / tuna / beans (v) jacket potato  
 Cheese (v) / tuna / egg (v) sandwich  
 Apple crumble and custard

🌱 Scouse with crusty bread and cabbage/beetroot  
 🌱 Cheese (v) / tuna / beans (v) jacket potato  
 Cheese (v) / tuna / egg (v) sandwich

Chilli with rice and nachos  
 🌱 Cheese (v) / tuna / beans (v) jacket potato  
 Cheese (v) / tuna / egg (v) sandwich

🌱 Roast chicken with roast potatoes, carrots and gravy  
 🌱 Cheese (v) / tuna / beans (v) jacket potato  
 Cheese (v) / tuna / egg (v) sandwich

Fish fillet with chips and peas  
 🌱 Cheese (v) / tuna / beans (v) jacket potato  
 Cheese (v) / tuna / egg (v) sandwich  
 Fruit sponge and custard

Contains: Cereals containing Gluten, Milk, Fish, Eggs, Mustard, Soya, Sulphur Dioxide and Sulphites.

Contains: Cereals containing Gluten, Milk, Fish, Eggs, Mustard.

Contains: Cereals containing Gluten, Milk, Fish, Eggs, Mustard.

Contains: Cereals containing Gluten, Milk, Fish, Eggs, Mustard, Soya.

Contains: Cereals containing Gluten, Milk, Fish, Eggs, Mustard, Soya.

Week two

🌱 Cottage pie with veg and gravy  
 🌱 Cheese (v) / tuna / beans (v) jacket potato  
 Cheese (v) / tuna / egg (v) sandwich  
 Fruit flapjack

Hunters chicken with mediterranean cous cous  
 🌱 Cheese (v) / tuna / beans (v) jacket potato  
 Cheese (v) / tuna / egg (v) sandwich

🌱 Salmon and broccoli pasta bake  
 🌱 Cheese (v) / tuna / beans (v) jacket potato  
 Cheese (v) / tuna / egg (v) sandwich

Roast beef with mash, veg, Yorkshire pudding and gravy  
 🌱 Cheese (v) / tuna / beans (v) jacket potato  
 Cheese (v) / tuna / egg (v) sandwich

Fish fingers with chips and peas  
 🌱 Cheese (v) / tuna / beans (v) jacket potato  
 Cheese (v) / tuna / egg (v) sandwich  
 Frozen yoghurt

Contains: Cereals containing Gluten, Milk, Fish, Eggs, Mustard, Soya. May contain: Celery.

Contains: Cereals containing Gluten, Milk, Fish, Eggs, Mustard. May contain: Soya.

Contains: Cereals containing Gluten, Milk, Fish, Eggs, Mustard.

Contains: Cereals containing Gluten, Milk, Fish, Eggs, Mustard, Soya.

Contains: Cereals containing Gluten, Milk, Fish, Eggs, Mustard.

Week three

Mince and onion pie with mash, gravy and peas  
 🌱 Cheese (v) / tuna / beans (v) jacket potato  
 Cheese (v) / tuna / egg (v) sandwich  
 Cookie

Scrambled egg with hash brown, beans, mushrooms and bacon OR sausage  
 🌱 Cheese (v) / tuna / beans (v) jacket potato  
 Cheese (v) / tuna / egg (v) sandwich

Chicken curry with rice and naan bread  
 🌱 Cheese (v) / tuna / beans (v) jacket potato  
 Cheese (v) / tuna / egg (v) sandwich

🌱 Roast gammon with roast potatoes, veg and gravy  
 🌱 Cheese (v) / tuna / beans (v) jacket potato  
 Cheese (v) / tuna / egg (v) sandwich

🌱 Fish stars with wedges and peas  
 🌱 Cheese (v) / tuna / beans (v) jacket potato  
 Cheese (v) / tuna / egg (v) sandwich  
 Trifle

Contains: Cereals containing Gluten, Milk, Fish, Eggs, Mustard, Soya.

Contains: Cereals containing Gluten, Milk, Fish, Eggs, Mustard.

Contains: Cereals containing Gluten, Milk, Fish, Eggs, Mustard. May contain: Nuts, Sesame.

Contains: Cereals containing Gluten, Milk, Fish, Eggs, Mustard Soya.

Contains: Cereals containing Gluten, Milk, Fish, Eggs, Mustard. May contain: Nuts.

Available daily: Fresh Fruit, Yoghurt, Water and Milk.

Week One Week Two Week Three

