



Year Group: Years 5 and 6

Week Beginning: Monday 8th June 2020

Subject: PSHE and Wellbeing

<p>1, Theme: Rights Respecting - Article 12 - The voice of the child.</p>	<p>As a Rights Respecting school, we work hard learning about children's rights and put them into practice every day. <u>Activity:</u> Purple Mash - PSHE/Wellbeing Week 6 Activity 1 - Thinking about article 12, the voice of the child, design a poster to highlight the importance of this. How can people help you to be heard? How does it feel when you have been listened to?</p>
<p>Wellbeing Wednesday</p>	<p>Music can play a big part in changing how we feel. Today, why don't you make a family playlist to listen to together? Each person in your household can choose an uplifting song to listen to. Have a talk about how the music makes you feel and why? You can even have a dance together! Share your playlists with us on Twitter to inspire others! #WellbeingWednesday</p>
<p>2. Theme: Keeping safe and healthy.</p>	<p>What is a virus and how does it spread? What do we know about the Coronavirus? What is different about it? What can we do to prevent it spreading? <u>Activity</u> Purple Mash - PSHE/Wellbeing Week 6 Activity 2 - Write down 4 ideas of what you could do to help prevent the spread of the virus and keep yourselves and others safe.</p>