



Whiston Willis menu

Week one

Monday

Meatballs Sub with Tomato Sauce, Cheese, Salad & Coleslaw

Tuna, cheese, ham or egg filled sandwich

Jacket potato with cheese, beans, tuna or coleslaw filling

Bananas and Custard, fruit or yoghurt

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya, wheat
May contain: Lupin, oats, rye

Tuesday

All day breakfast - Scrambled Egg, Bacon, Sausage, Hash Brown & Beans

Tuna, cheese, ham or egg filled roll

Jacket potato with cheese, beans, tuna or coleslaw filling

Cookie, fruit or yoghurt

Contains: Cereals containing gluten, celery, eggs, fish, milk, mustard, soya
May contain: Lupin, oats, rye sulphur dioxide & sulphites

Wednesday

Tuna Pasta Bake with Garlic Bread & Salad

Tuna, cheese, ham or egg filled sandwich

Jacket potato with cheese, beans, tuna or coleslaw filling

Fruit Muffin, fruit or yoghurt

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya
May contain: Celery, crustaceans, molluscs, oats, rye

Thursday

Roast Beef with Roast Potatoes, Carrots, Yorkshire Pudding & Gravy

Tuna, cheese, ham or egg filled panini

Jacket potato with cheese, beans, tuna or coleslaw filling

Chocolate Mousse with Mandarin Segments, fruit or yoghurt

Contains: Cereals containing gluten, celery, eggs, fish, milk, mustard, soya
May contain: Oats, rye, sulphur dioxide & sulphites

Friday

Fish Fingers with Chips & Peas (mushy or garden)

Tuna, cheese, ham or egg filled sandwich

Jacket potato with cheese, beans, tuna or coleslaw filling

Chef Choice - Fruit Cheesecake, fruit or yoghurt

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya
May contain: Celery, crustaceans, molluscs, oats, rye, sulphur dioxide & sulphites

Week two

Monday

Salmon Fish Fingers with Sweet Potato Mash & Beans

Tuna, cheese, ham or egg filled sandwich

Jacket potato with cheese, beans, tuna or coleslaw filling

Frozen Toffee Yoghurt with Banana, fruit or yoghurt

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya
May contain: Celery, crustaceans, molluscs, oats, rye

Tuesday

Chicken Tikka Masala with Rice

Tuna, cheese, ham or egg filled roll

Jacket potato with cheese, beans, tuna or coleslaw filling

Fruit Flapjack, fruit or yoghurt

Contains: Cereals containing gluten, celery, eggs, fish, milk, mustard, soya
May contain: Oats, rye

Wednesday

Lasagne with Salad & Garlic Bread

Tuna, cheese, ham or egg filled sandwich

Jacket potato with cheese, beans, tuna or coleslaw filling

Strawberry Mousse Break with Strawberries, fruit or yoghurt

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya
May contain: Oats, rye

Thursday

Roast Pork with Mash, Seasonal Veg & Gravy

Tuna, cheese, ham or egg filled panini

Jacket potato with cheese, beans, tuna or coleslaw filling

Jelly & Fruit, fruit or yoghurt

Contains: Cereals containing gluten, celery, eggs, fish, milk, mustard, soya

Friday

Harry Ramsden's Fish Fillet with Chips & Peas (mushy or garden)

Tuna, cheese, ham or egg filled sandwich

Jacket potato with cheese, beans, tuna or coleslaw filling

Fruit Sponge & Custard, fruit or yoghurt

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya
May contain: Celery, crustaceans, molluscs, oats, rye, sulphur dioxide & sulphites

Week three

Monday

Beef Burger on a Diddi Roll with Crisps & Beans

Tuna, cheese, ham or egg filled sandwich

Jacket potato with cheese, beans, tuna or coleslaw filling

Frozen Toffee Yoghurt with Banana, fruit or yoghurt

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya
May contain: Celery, oats, rye, sulphur dioxide & sulphites

Tuesday

Spaghetti Bolognese with Garlic Bread

Tuna, cheese, ham or egg filled roll

Jacket potato with cheese, beans, tuna or coleslaw filling

Brownie, fruit or yoghurt

Contains: Cereals containing gluten, celery, eggs, fish, milk, mustard, soya
May contain: Oats, rye

Wednesday

Chicken Korma with Rice

Tuna, cheese, ham or egg filled sandwich

Jacket potato with cheese, beans, tuna or coleslaw filling

Butterfly Cake, fruit or yoghurt

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya
May contain: Oats, rye

Thursday

Roast Chicken with Mash, Stuffing, Seasonal Veg & Gravy

Tuna, cheese, ham or egg filled panini

Jacket potato with cheese, beans, tuna or coleslaw filling

Chocolate Mousse Break with Banana, fruit or yoghurt

Contains: Cereals containing gluten, celery, eggs, fish, milk, mustard, soya

Friday

Fish Stars with Wedges & Beans

Tuna, cheese, ham or egg filled sandwich

Jacket potato with cheese, beans, tuna or coleslaw filling

Cookie & Milkshake, fruit or yoghurt

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya
May contain: Celery, crustaceans, molluscs, oats, rye, sulphur dioxide & sulphites

Available daily: Fresh fruit, yoghurt, water, milk and fruit juice.

Many of the options available can be adapted to suit various diets, should your child have any dietary needs please contact your school and our Kitchen Team will be happy to accommodate. denotes vegetarian option or vegetarian version available.



October 2023

M	T	W	T	F	S	S
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2023

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2023

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2024

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2024

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March 2024

M	T	W	T	F	S	S
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2024

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Week One Week Two Week Three