



EYFS UTW Curriculum; Autumn 1 Reception

Knowledge and Understanding of the World

<p><u>All about me</u></p> <p>Know my own name and write my own name Know my age and the number that represents it Being Me in my World Jigsaw PHSE</p> <p>Use language to talk about similarities and differences amongst myself and others. For example, 'I have blonde hair and they have brown hair.'</p> <p>I understand how it feels to belong and that we are similar and different</p> <p>Recognise my emotions (happy, sad, excited worried, nervous, cross). Use the language of emotion to talk about how situations have made us feel.</p> <p>I am starting to understand children's rights and this means we should all be allowed to learn and play</p> 	<p><u>All About my Body</u></p> <p>Know that the body is made up of different body parts. Identify the different body parts and name them. (Head, face, neck, arms, hands, legs, feet). (Get Set 4 PE)</p> <p>Know that our bodies need to be looked after and we need to take care of ourselves by washing, eating healthy, exercising and brushing our teeth. (Jigsaw)</p> <p>Know and talk about the different factors that support their overall health and wellbeing</p> <p>Explore the 3 senses in our environment outside and can name them (see, feel and hear). Science</p>  <p>Develop skills needed to manage the school day successfully (lining up, mealtimes and personal hygiene)</p> <p>Use their core muscle strength to achieve a good posture when sitting at a table or sitting on the floor</p>	<p><u>All about my Family</u></p> <p>Meeting people who will help us Talking about people who have helped us grow-remembering when we were babies</p> <p>Identify and name who is in my family. Know that not all families are the same and every family is Different.</p> <p>Learn and develop understanding about People, culture and communities. For Example" RE; All are Welcome; learn about similarities and differences; What makes us unique</p> 
<p><u>How I change over Time</u></p> <p>I will talk about the Past and Present/ History Meeting people who will help us. For Example " visit from Fire Service Talking about people who have helped us grow-remembering when we were babies</p> <p>Know that I have changed over time and I can use language to describe how. For example " I have gotten taller and my hair has grown longer".</p> <p>Use basic chronology to organise the different stages of the human life cycle.</p> <p>Know the special life stages that each cycle may go through (walking, talking, starting school, starting high school, getting a job, finishing work.).</p> 	<p><u>All About Where I live</u></p> <p>Geography</p> <p>Looking at our local environment and key landmarks. For example " Local parks and buildings Looking at maps comparing our local environment with Africa Identify land and sea, hot weather countries and animals</p> <p>Talk about accommodation and homes; how do they differ from where we live?</p> <p>Know and name 3 different types of houses (House, flat, bungalow).</p> <p>Know that houses are manmade and built for a purpose.- Begin to identify and name a variety of everyday materials, including wood, plastic, glass, metal, water, and rock</p>	<p><u>Key Vocab</u></p> <p>PHSE; Me , myself, i, individual, emotions, happy, sad, worried, excited, explore, coping , kind, gentle, friend, similar, different rights, feelings, angry, excited, nervous, sharing, responsibility</p> <p>Science; Body, human, parts, senses, touch, taste, feel ,healthy, unhealthy, care</p> <p>RE; Family, changes, similarities, differences</p> <p>History; Humans, life cycle, changes, over times, stages, baby, toddler, teenager, adult, elderly, key events</p> <p>Geography/Science; House, bungalow, flat, materials, plastic, glass, metal, wood, water, rock</p> <p>Geography; world, country, land, sea, ocean, continent, United Kingdom</p>



		 A small, colorful world map showing continents in green and yellow, and oceans in blue. The text "World Map" is written in red at the bottom of the map.	
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