



Vocabulary Progression in PSHE

EYFS	Year 1	Year 2	Year 3	Year 4	UKS2
Kind Gentle Friend Feelings Angry Happy Proud Kind Same Dreams Goals Challenge Encourage Healthy Exercise Sleep Wash Clean Jobs Relationships Friend Feelings Calm Me Breathing Ear Leg Chest Toe Stomach Hand Worry Excited Memories Similar Different Rights Responsibilities es Excited Nervous Sharing Special	Safe Special Calm Belonging Rights Responsibilities Learning Charter Rewards Proud Consequences Upset Disappointed Similar Same as Different Differences Similarity Bullying Deliberate On Purpose Unfair Included Bully Bullied Celebration Unique Success Achievement Goal Learning Process Dreams Teamwork Working together Celebration	Worries Hopes Fears Belonging Rights Responsibilities Actions Rewards Praise Consequences Positive Negative Choices Co-operate Learning Charter Problem Solving Similarities Assumptions Shield Stereotypes Differences Bully Difference Purpose Kind Unkind Feelings Sad Different Lonely Help Stand up for	Welcome Valued Achievement Proud Pleased Acknowledge Affirm Emotions Feelings Nightmare Fears Worries Solutions Support Rights Responsibilities Learning Charter Nightmare Dream Behaviour Rewards Consequences Actions Fairness Choices Group Dynamics Team Work Viewpoint Ideal school Belong Family Loving Caring Safe Connected Difference Special Conflict Solutions Resolve	Included Excluded Welcome Valued Team Charter Role Job Description School Community Responsibility Rights Democratic Decisions Voting Democracy Authority Learning Charter Contribution Observer UN Convention Character Assumption Judgement Surprised Appearance Accept Influence Opinion Attitude Judgement Bullying Friend Secret Deliberate	Education Appreciation Opportunity Motivation Vision Challenge Citizens British Denied Empathise Refugee Persecution Conflict Asylum Migrants Wealth Poverty Responsibilities Prejudice Deprive Choices Consequences Cooperation Collaboration Similarity Belong Racism Colour Race Discrimination Culture Bullying Rumour Homophobic Cyber bullying Texting Problem Solving Indirect Direct

Happy Sad Frightened Family Goal Ambition Perseverance Achievement Head Shoulders Knees Toes Stranger Scared Trust Family Lonely Argue Fall out Words Eye Foot Eyebrow Forehead Knee Nose Tongue Finger Baby Grown Up Adult Change	Challenge Feelings Obstacle Overcome AchieveSuccess Healthy Unhealthy Balanced Exercise Sleep Choices Body Parts Hygienic Safe Clean Medicines Trust Safety Family Belong Friends Friendships Qualities Caring Sharing Kind Like Dislike Greetings Touch Feel Texture Help Helpful Community Confidence Praise Qualities Skills Self- belief Incredible Celebrate Appreciate Relationships Changes Lifecycle Baby Adult Grown up Mature Male Female Testicles Vagina Penis Learn Grow New Anxious Worried Excited Coping	On purpose Friends Friendships Included Caring Values Special Unique Celebration Realistic Proud Success Celebrate Achievement Goal Strengths Persevere DifficultEasy Partner Teamwork Product Group Problem solve Dream Healthy choices Lifestyle Motivation Relax Relaxation Tense Calm Healthy Unhealthy Dangerous Medicines Safe Body Balanced diet Portion Proportion Energy Fuel Nutritious Family Cooperate Special Important Relationship Physical contact Touch Communication Hugs Like Dislike Acceptable Unacceptable Friends	Witness Bystander Gay Lesbian Unkind Feelings Hurtful Compliment Unique Similarity Perseverance Challenges Success Obstacles Dreams Goals Ambitions Future Aspirations Garden Decoration Enterprise Cooperation Design Strengths Motivated Enthusiastic Efficient Motivated Responsible Frustration Technique Solution Self- Review Celebrate Evaluate Oxygen Energy Calories Heartbeat Lungs Heart Fitness Labels Sugar Fat Saturated Fat Healthy Drugs Attitude Safe Anxious Scared Strategy Advice Dangerous Emergency Emergency Services Ambulance Fire Engine Police Car Coastguard helicopter Harmful Risk Feelings Complex Appreciate Men Women Male Female Unisex Role Job Respect Stereotype	Bystander Witness Cyber Bullying Text Message Website Troll Special Unique Characteristics Physical Features Impression Changed Different Accept Dream Hope Goal Determination Perseverance Resilience Positive Attitude Hopes Disappointment Fears Hurt Positive Experiences Cope Self Belief Determination Commitment Enterprise Design Cooperation Review Strengths Success Celebrate Evaluate Emotions Healthy Value Leader Follower Assertive Smoking Vaping Pressure Peers Guilt Advice Alcohol Liver Disease Pressure Peers Anxiety Fear Believe Assertive Opinion Right Wrong	Happiness Difference Continuum Developing World Plantation Celebration Artefacts Presentation Hope Goal Feeling Achievement Lifestyle Job Career Profession Salary Contribution Society Hope Determination Aspiration Sponsorship Rallying Team work Choices Healthy Informed Unhealthy Pressure Emergency Procedure Recovery Position Calm Level Headed Media Celebrity Altered Self Respect Eating Problem Respect Healthy Lifestyle Debate Opinion Fact Characteristics Personal Qualities Attributes Self Esteem Age Limit Social Network Community Online Offline Rights Risky Violence Appropriate Grooming Trolled Gambling Trustworthy
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